

CAFETERIA MENU
Monday through Friday
January 3rd – January 31st, 2017
Meals - \$15 (For Junior and Senior Kindergarten ONLY) All other students \$20 or \$22
Breakfast: \$10.00 (Menu selections are subject to change)

Monday	Tuesday 3rd Breakfast: Potato Pies. Lunch: Veggie lo Mein with Chinese Fried Chicken	Wednesday 4th Breakfast: Pancakes and Sausages. Lunch: BBQ Chicken/Fish, Mashed Potatoes and Red Beans.	Thursday 5th Breakfast: Pholourie. Lunch: Lasagna with Green Salad.	Friday 6th Breakfast: French Toast and Sausages Lunch: Wings and Fries.
Monday 9th Breakfast: Coconut Bake with fried plantain Lunch: Burger & Fries/ Hot Dog & Fries.	Tuesday 10th Breakfast: Chicken Pies. Lunch: Shake N' Bake Chicken/ Fish, Macaroni pie & Lentils.	Wednesday 11th Breakfast: Bake & Salt fish / Cheese. Lunch: Stewed Chicken, Callaloo & Veggie Rice.	Thursday 12th Breakfast: Waffles & Sausages. Lunch: Pizza Meat or Cheese.	Friday 13th Breakfast: Toast & Omelet or cheese Lunch: Popcorn Chicken with Fries.
Monday 16th Breakfast: Bake & Salami/ Cheese. Lunch: South Beach Pasta with Baked Chicken/ Fish & Green Salad.	Tuesday 17th Breakfast: Potato Pies. Lunch: Honey BBQ Chicken, Pink Beans & Spanish Rice.	Wednesday 18th Breakfast: Pancakes and Sausages. Lunch: Shepherd's Pie & Green Salad.	Thursday 19th Breakfast: Pholourie. Lunch: Dumplings, stewed salt fish lentils or French fries	Friday 20th Breakfast: French Toast and Sausages Lunch: Wings & Fries
Monday 23rd Breakfast: Bake & Saltfish / Cheese Lunch: Spaghetti and Meat Balls	Tuesday 24th Breakfast: Chicken Pies Lunch: Burger & Fries or Hot Dog & Fries	Wednesday 25th Breakfast: Bagels and Cream Cheese Lunch: Pizza Hut Pizza: Meat or Cheese	Thursday 26th Breakfast: Waffles and Sausages Lunch: Curried Chicken Potato, Channa , Bussup Shut	Friday 27th Breakfast: Toast with Turkey Ham & Eggs Lunch: Bake & Shark or Cheese
Monday 30th Breakfast: Bake & Sausages or Cheese Lunch: Baked Chicken in Italian sauce, Basil Rice	Tuesday 31st Breakfast: Potato Pies Lunch: Oven Baked Mac N' Cheese with Chicken Fingers			